



HELP ME GROW is designed to connect families to information about child development and link them to community resources. Any caregiver for children birth through age eight, is welcome to dial 2-1-1 and ask for Help Me Grow. They can ask specially-trained staff questions about their child's development, behavior, health or learning.

As a healthcare professional, you work with so many families that need to be connected to resources. Help Me Grow supports you by making referrals and then following up with the families to make sure that they receive the help they need. We also provide parents with a developmental screening tool to assess typical child development.

To strengthen the relationship between you and your patient, we provide you with updated information from the developmental questionnaires and the connections to services.

DID YOU KNOW?

The American Academy of Pediatrics (AAP) recommends that developmental surveillance be incorporated into **every** well child visit.

Children see the doctor up to **12** times during the first two years of life for well care.

Research shows **12-16%** of children are at risk for developmental and/or behavioral problems which can impact their health and wellness.



The AAP recommends that standardized developmental screening tests be administered to all children at the **9,18**, and either the **24** or **30** month visits.

Developmental screening is valuable for all children birth through age **8 and beyond**.

Doctor Refers Family

Help Me Grow Enrolls Family

Family Receives Resources

Family Receives Follow-Up

Ongoing ASQs

www.helpmegrowfl.org

@HelpMeGrowFlorida

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Sponsored by the Children's Forum and the State of Florida, Office of Early Learning

Call 2-1-1
AND ASK FOR Help Me Grow
THE NUMBER EVERY PARENT NEEDS TO KNOW

Children's FORUM
...because kids can't wait

OFFICE OF
Early Learning
LEARN EARLY. LEARN FOR LIFE.

Does Your Practice Offer Developmental Screenings?



Yes!

Help Me Grow can assist with...

- ◆ Database of referrals and resources
- ◆ Follow up support for families
- ◆ Enrollment assistance for families
- ◆ Information about parenting, child wellness and other topics to support development
- ◆ Training for staff
- ◆ Maintenance of certification credits

Not Yet!

Help Me Grow can assist with everything mentioned PLUS...

- ◆ Help incorporating surveillance in all well-child visits
- ◆ Assistance in conducting developmental and social-emotional screenings on-site
- ◆ Support in establishing a formal screening process for the practice

On average, it takes **7 to 8** calls for families to get connected with community services. Help Me Grow can assist you in making sure families get linked to the help they need.



We'd love to support you to achieve our shared goal of promoting healthy development for every child in Florida.



CALL 2-1-1 and ask for Help Me Grow. Our Care Coordinators will then contact the family.

INSTRUCT a family to call 2-1-1/Help Me Grow during an office visit.

WRITE a "prescription" to call Help Me Grow after the visit.

SEND a referral form through www.helpmegrowfl.org.