



Help Me Grow[®] Florida

Help Me Grow[®] Florida is a **FREE** over-the-phone resource that helps connect children, families, and caregivers to the services they need.

Is your child:

- A Florida resident?
- Between the ages of birth through eight?

If so, Help Me Grow[®] Florida can help your child have the best possible start in life by:



Answering any questions or concerns about your child's development.



Guiding you through our free developmental and behavioral screenings.



Providing parenting tips, activities, and other useful information.



Following-up to ensure your child receives the right services.

**You are
there for
your children,
we are there
for you!**



How Does Help Me Grow Work?

1. Contact us if you have questions or need resources for your child's health, development, behavior, and learning.

To get connected:

- Call 2-1-1 and ask for Help Me Grow
- Complete a free developmental screening or milestone checklist at www.helpmegrowfl.org



2. If Help Me Grow is offered in your area, a care coordinator **will listen, provide support, and assess the needs** of your child and family.

3. Your care coordinator will guide you through a **free screening** questionnaire to help you better understand your child's development.

4. A care coordinator will communicate the screening results with you, and **provide appropriate referrals** to local services and supports.


5. Scheduled **follow-ups** will inquire about previous referrals and any additional concerns you may have.



www.helpmegrowfl.org

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Sponsored by the Children's Forum and the State of Florida, Division of Early Learning