



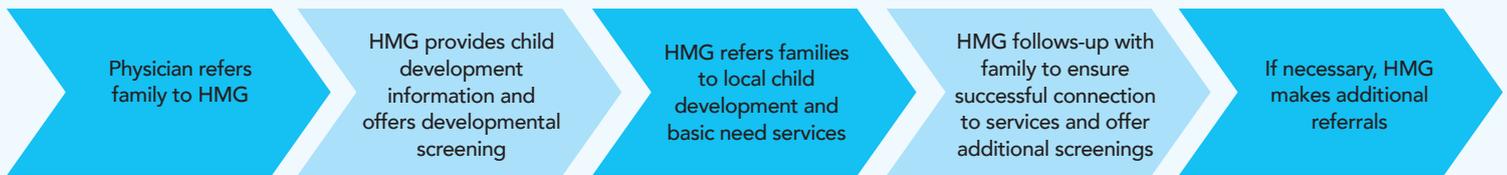
How Can Help Me Grow Support You and your Practice?

As a healthcare professional, you understand the critical importance of early detection and intervention in the patients you serve. Help Me Grow supports you in caring for your patients by providing the following services:

- ◆ Free developmental and behavioral screenings
- ◆ Parenting tips, activities, and useful information
- ◆ Referrals and connections to available community resources
- ◆ Follow-up with families to ensure children receive the services they need
- ◆ Shared outcomes of our care coordination efforts to strengthen the relationship between you and your patient



How does HMG work?



DID YOU KNOW?

The American Academy of Pediatrics (AAP) recommends that developmental surveillance be incorporated into **every** well child visit.

Children see the doctor up to **12** times during the first two years of life for well care.

Developmental surveillance and screening together are more likely to identify the **1 in 6** children with a developmental disability than either one alone.

Research shows **12-16%** of children are at risk for developmental and/or behavioral problems which can impact their health and wellness.



The AAP recommends that standardized developmental screening tests be administered to all children at the **9,18**, and either the **24** or **30** month visits.

www.helpmegrowfl.org



Does Your Practice Promote Developmental Monitoring and Surveillance?

Help Me Grow's milestone checklists make developmental surveillance easy. Our checklists:

- ◆ Utilize CDC's *Learn the Signs. Act Early.* milestones, based on milestones from the American Academy of Pediatrics (AAP)
- ◆ Help you systematically conduct developmental surveillance as recommended by the AAP
- ◆ Correspond with health supervision visits for ages 2 months to 5 years
- ◆ Are completed by parents, preparing them for more accurate responses to developmental screenings



Does Your Practice Offer Developmental Screenings?

Yes!

Help Me Grow can assist with...

- ◆ Follow up support for families
- ◆ Updated resource directory for referrals and connections to services
- ◆ Enrollment assistance for families
- ◆ Parenting tips, activities, and other useful information
- ◆ Trainings for staff on developmental monitoring/screening

Not Yet!

Help Me Grow can assist with everything mentioned PLUS...

- ◆ Incorporating developmental monitoring in well-child visits
- ◆ Assistance in conducting developmental and behavioral screenings on-site
- ◆ Establish a formal screening process for the practice



How can you connect your patients to HMG?

INSTRUCT a family to call 2-1-1/Help Me Grow during a well-child visit.

CALL 2-1-1 and ask for Help Me Grow. Our Care Coordinators will then contact the family.

SEND a referral form through our website (www.helpmegrowfl.org, "Request a Screening")

WRITE a "prescription" to call 2-1-1 and ask for Help Me Grow after the visit.



We'd love to support you to achieve our shared goal of promoting healthy development for every child in Florida.

Sponsored by the Children's Forum, Inc. and The Florida Department of Education, Office of Early Learning



Centers for Disease Control and Prevention
www.cdc.gov/actearly
1-800-CDC-INFO