



Help Me Grow<sup>®</sup>  
Florida



# Alphabet Coloring Book



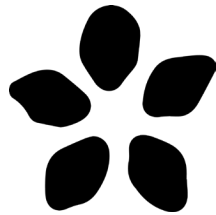
# Help Me Grow<sup>®</sup> Florida

a **FREE** over-the-phone resource that helps connect children, families and caregivers with local services and supports to help them thrive.

## When you call Help Me Grow:

- Answer any questions and concerns about your child's development
- Guide you through our free developmental and behavioral screenings
- Provide parenting tips, activities and other useful information
- Follow-up support to ensure your child receives the right services

## Interested in Help Me Grow?



Is your child:

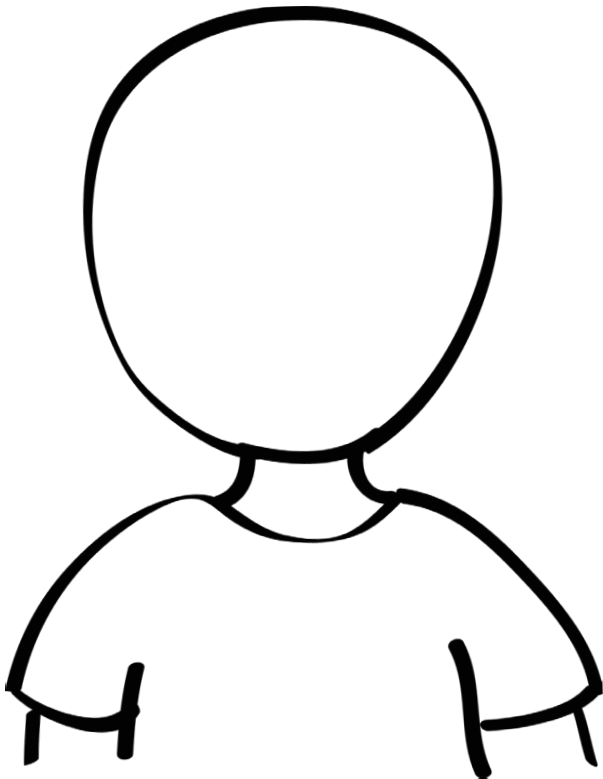
- A Florida resident?
- Between the ages of birth through eight?

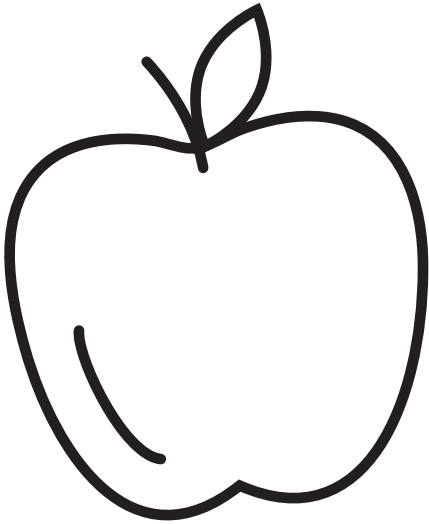
Then, **call 2-1-1** and **ask for Help Me Grow!**

**Draw yourself!**

**My Name is:**

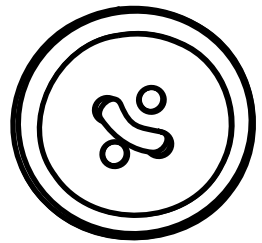
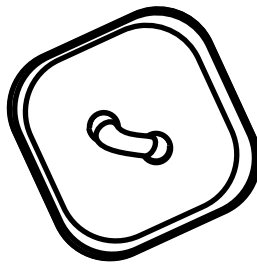
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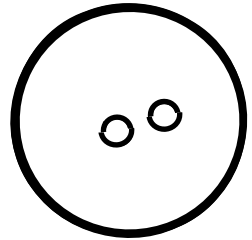
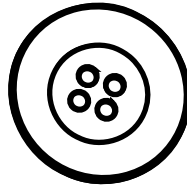


**A a**

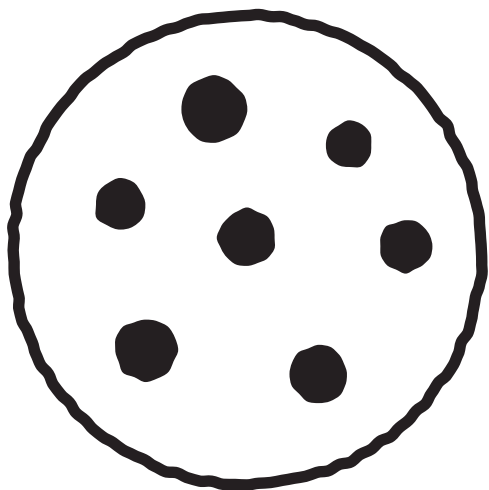
A is for Apple



**B b**

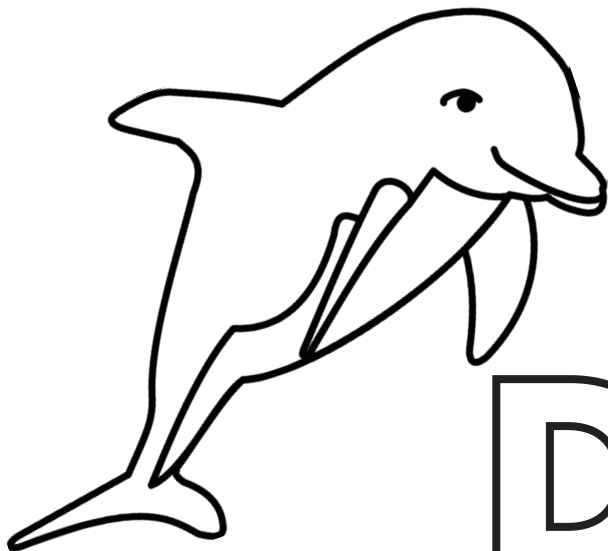


B is for Button



Cc

C is for Cookie

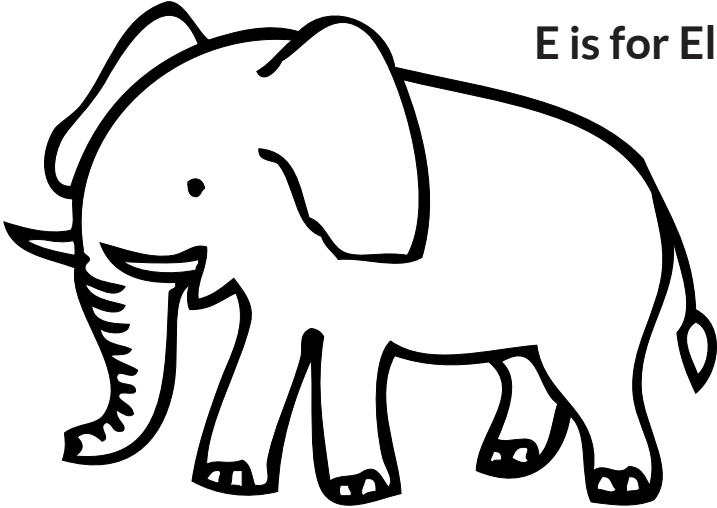


Dd

D is for Dolphin

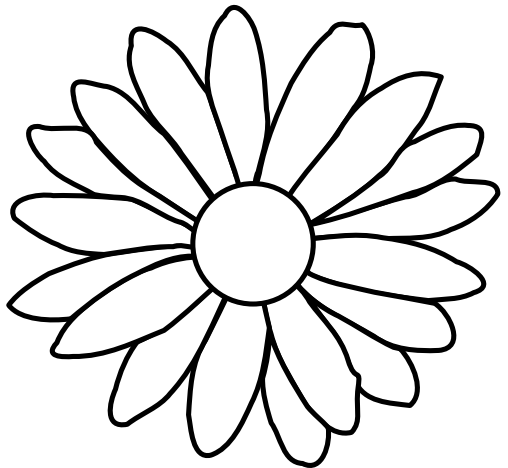
Ee

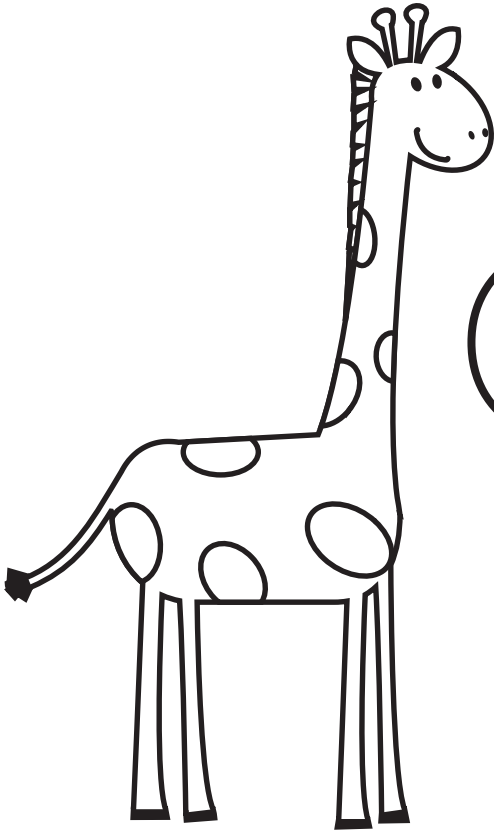
E is for Elephant



Ff

F is for Flower



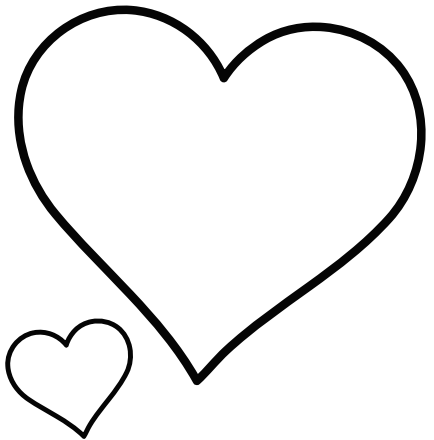


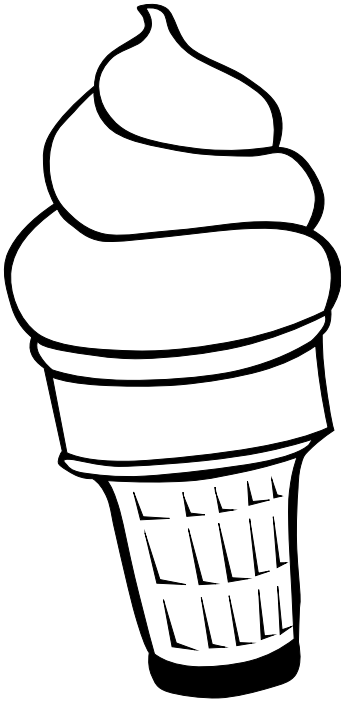
Gg

G is for Giraffe

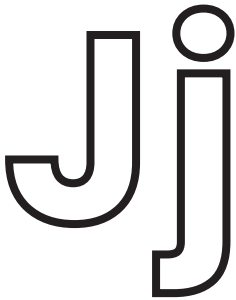
Hh

H is for Heart

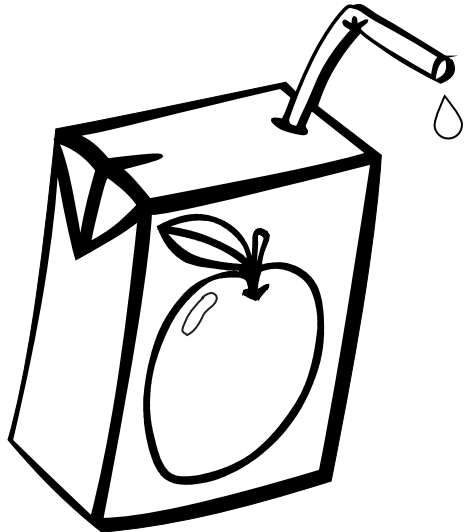




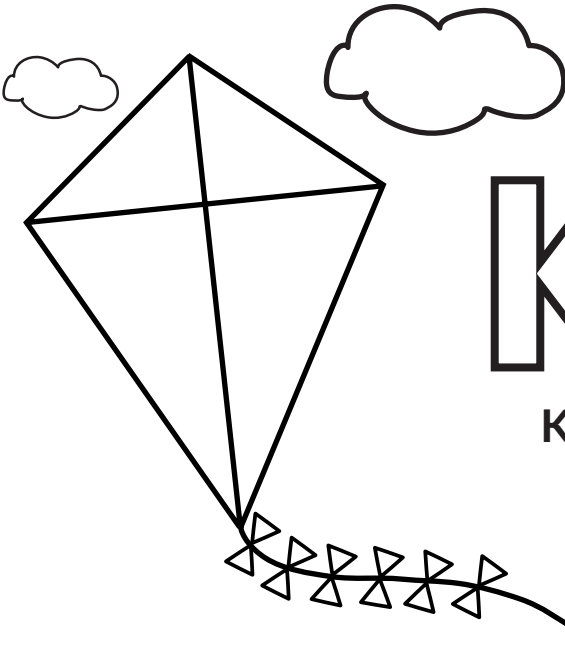
I is for Ice Cream



J is for Juice

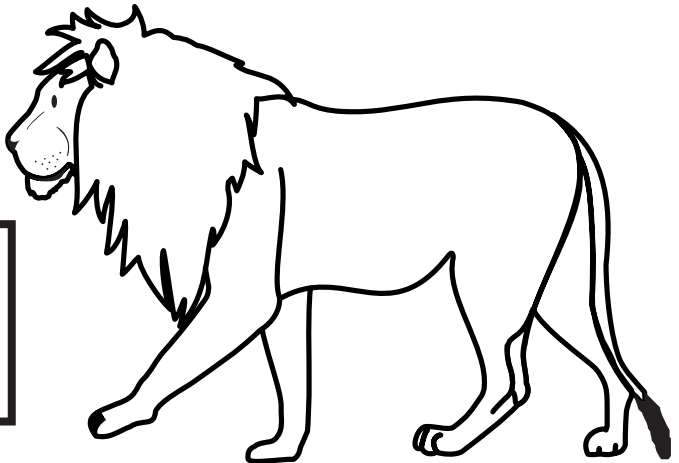






**Kk**

**K is for Kite**

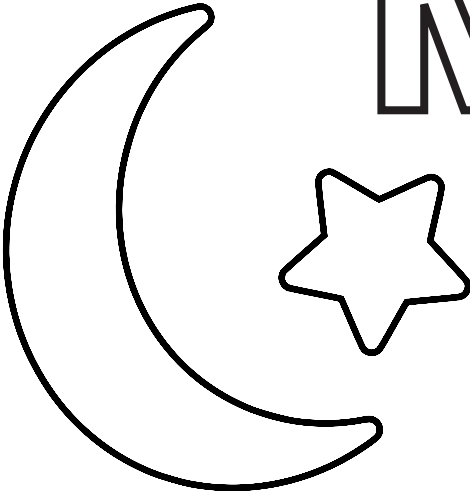


**Ll**

**L is for Lion**

Mm

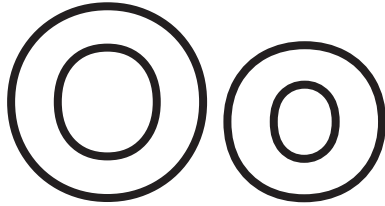
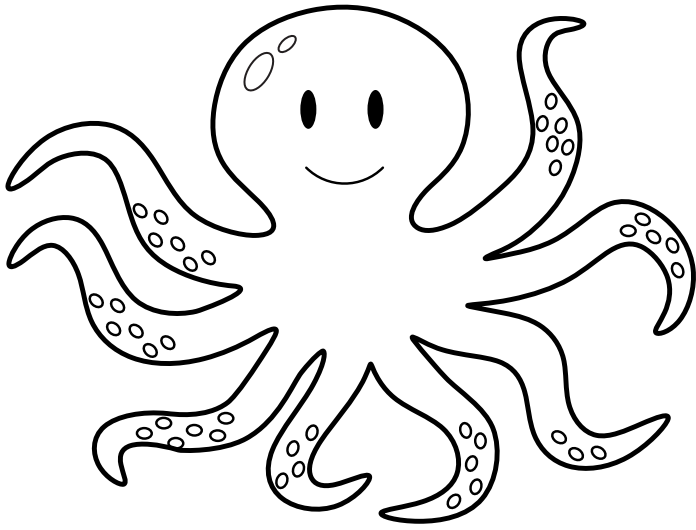
M is for Moon



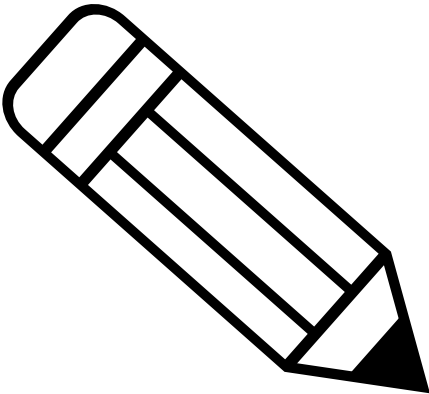
Nn

N is for Noodle





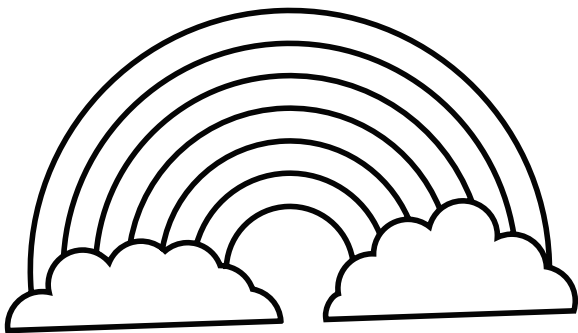
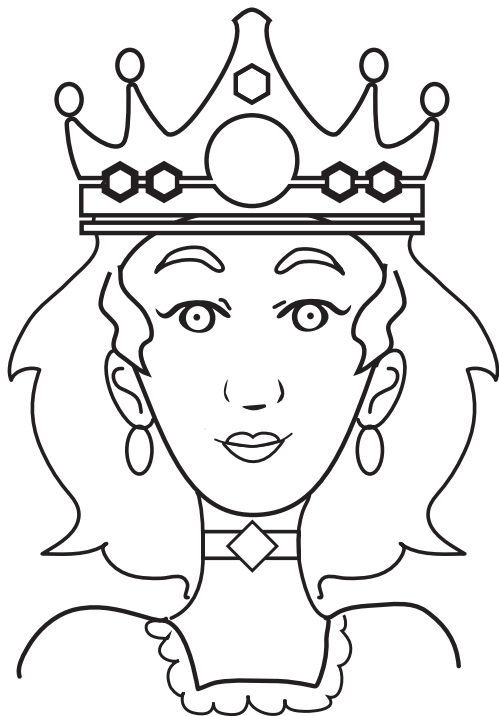
O is for Octopus



P is for Pencil

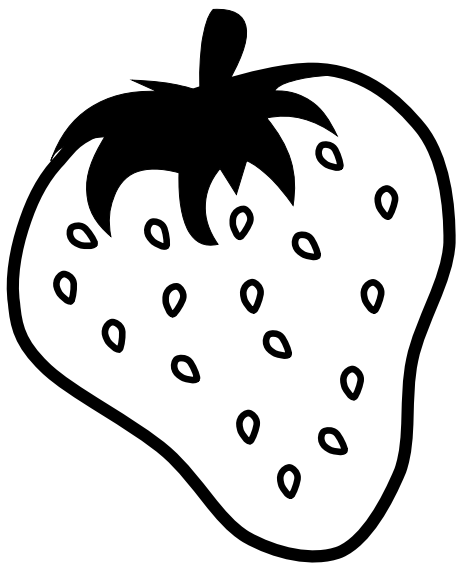
Q q

Q is for Queen



R r

R is for Rainbow

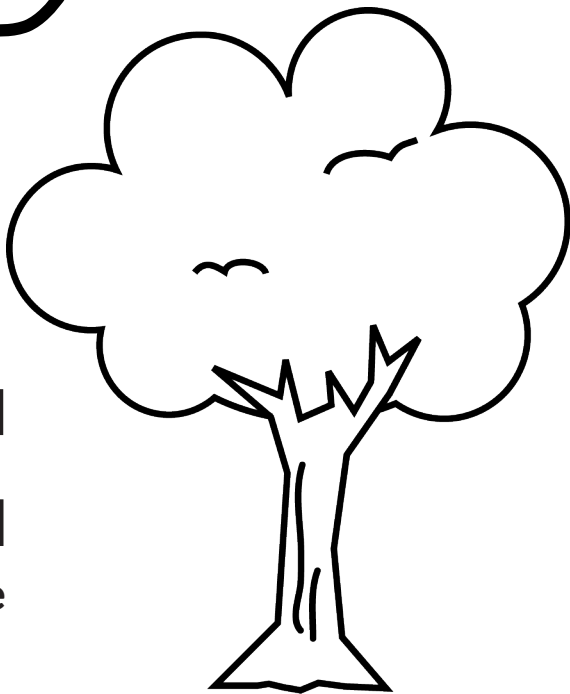


Ss

S is for Strawberry

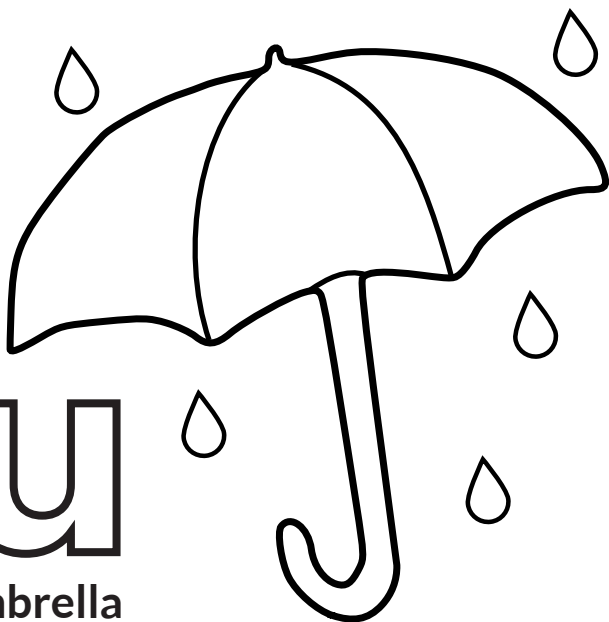
Tt

T is for Tree



U u

U is for Umbrella



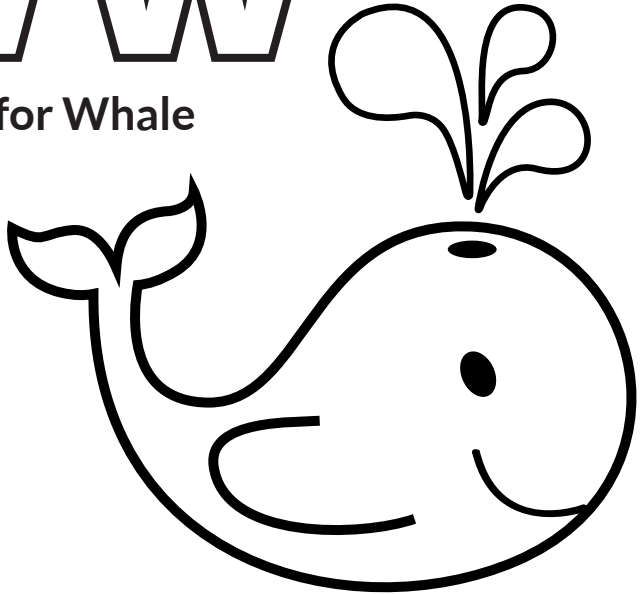
V v

V is for Violin



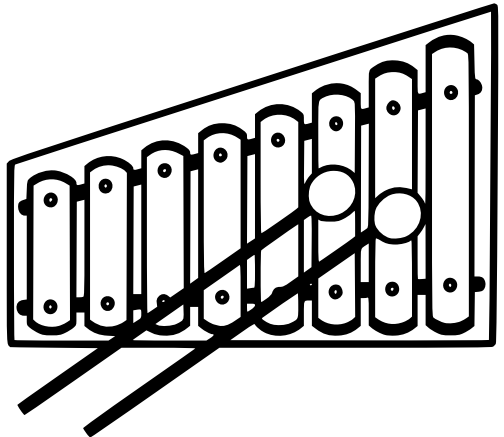
Ww

W is for Whale



Xx

X is for  
Xylophone



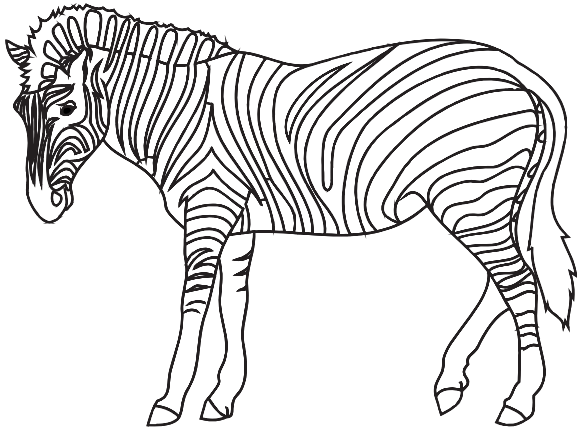
Yy

Y is for Yoyo



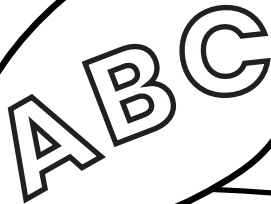
Zz

Z is for Zebra





# Alphabet Soup



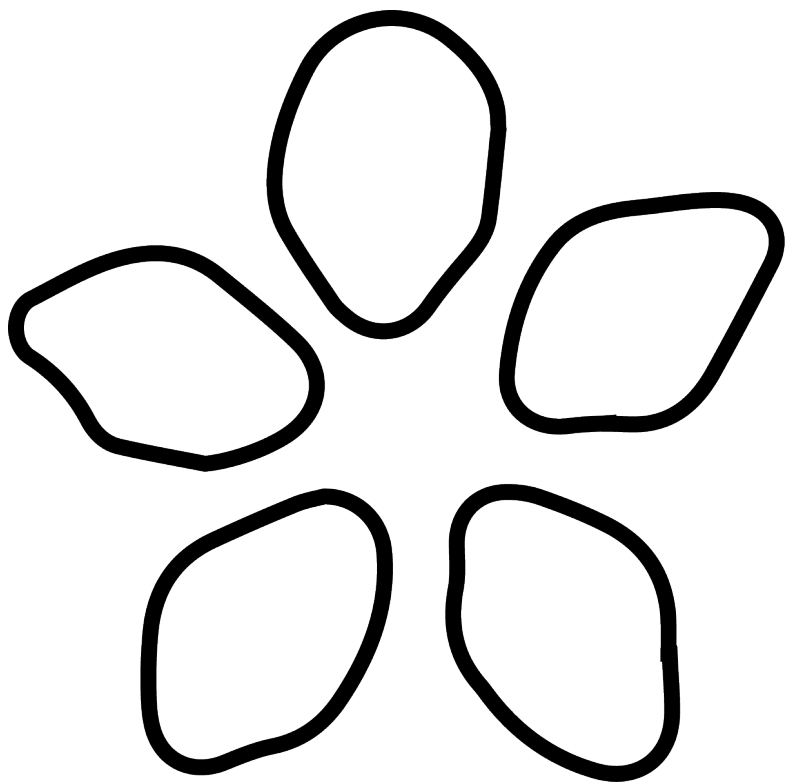
ABC

E R K D J

G W P S M U

Q I T Y O L

N F Z H V X



HELP ME

GROW!

# Your Child's Development is a Journey

Children reach many milestones including how they play, learn, speak, act, and move. Taking a first step, waving “bye-bye,” and pointing to something interesting are all developmental milestones, or things most children can do by a certain age.

**You can promote your child's development by:**

- Reading to your child everyday
- Asking your child to label body parts or things that you see while driving in the car
- Playing with blocks, balls, puzzles, books, and toys that teach cause and effect and problem solving
- Providing a safe and loving environment
- Encouraging your child to use their hands

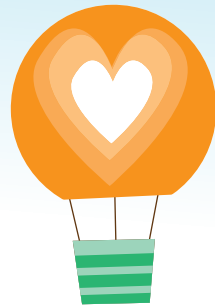
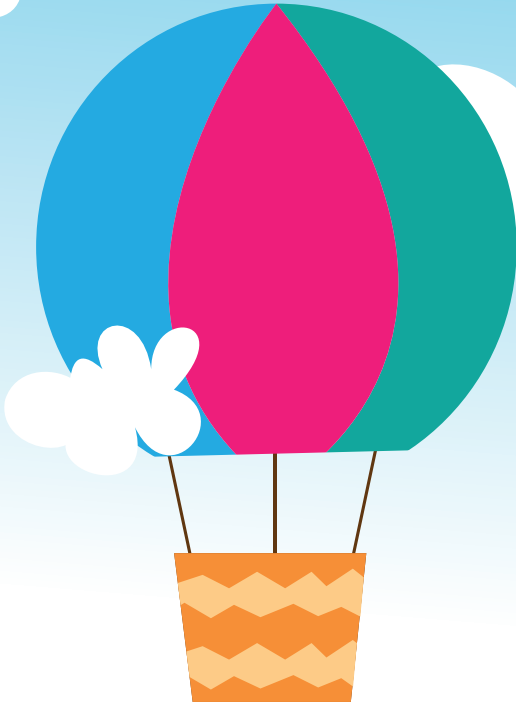
To learn more about your child's development, visit [www.helpmegrowfl.org/complete-a-checklist](http://www.helpmegrowfl.org/complete-a-checklist) to complete a FREE milestone checklist.



Call

2.1.1

AND ASK FOR  
HELP ME GROW



OFFICE OF  
**Early Learning**  
LEARN EARLY. LEARN FOR LIFE.

 **Children's  
FORUM**  
*...because kids can't wait*